



ALAMEDA ISLAND AQUATICS

February, 2010

www.alamedaislanders.org

President's Message

I hope you enjoyed the holidays. The Islanders finished the year strong with good performances at the Under-14 championships in Pleasanton and the Winter Sectionals in Long Beach. Swimming is back in full swing, with two meets in January, Zone 2 Championships in February and our meet in March. We are still looking for volunteers to help us out in two critical positions:

Snack bar: Wonderful parents are available to assist with snack bar preparations, shopping and soliciting

donations; however, we need a lead parent to take-charge and make it happen. Snack bar feeds the hungry swimmers!

Awards desk: We need a parent who can re-order medals and ribbons, bring them to the swim meet and then oversee distribution. Young swimmers really like receiving ribbons!

Both positions earn the minimum required 20 volunteer points for the year. Experienced parents are available to provide training and guidance. Please consider how you can help the team.

More details are provided in the January edition of the AIA newsletter. Contact either Rhonda Lam or myself if you can help out.

Thank you to all the outstanding dedicated parents who consistently volunteer many hours to support the goals and operations of the Islander swim team! Also look for news shortly on a General Meeting. Practice will be combined for all three groups so that we can have all parents get together. More on this soon.

See you at the pool.

Don Krause AIA President

Coaches corner

What a year! The Islander swimmers had another spectacular year in 2009. Swimmers earned new B, BB, A, JO, Far Western, PRT, WZQT, and Sectional times this past year. We had swimmers compete in some of the most prestigious meets of the year. We had qualifiers at Far Westerns and Junior Olympics, including Far West-

erns and Junior Olympic finalists. We also had swimmers make the Pacific All star meet, Western Zone All stars, and Summer & Winter sectionals. Many others attain personal best times throughout the year. I would like to personally thank all the swimmers for their hard work this past year. I would also like to thank our outstanding and hard working Islander coaching staff

and board for keeping our team moving in the right direction. Here's to another great year in 2010! Keep working hard, have fun, and have a Happy New Year! See you at the pool, **Coach Bob**



Well with the awful cold and wet winter upon us parents may be interested in ordering a team parka for their swimmer. I have ordered a total of 24 parkas so far this season! Parkas typically run \$150- a bit pricey- but as they are ordered on the large side they

are expected to last a few years!

For parents who have already purchased a parka I would suggest that they be spot cleaned but if they NEED to be washed to use a product like Penguin Sport wash- about \$10 or Nikwax Brand which is a little more expensive. Both

are available at REI.

If you're interested in ordering a parka please contact Lisa Cuenca - lisa_cuenca@hotmail.com. or at 769-0885.

ISLANDER PARENTS VOLUNTEER JOB POSTING – 12/27/09

The success of the AIA swim team is built on the combined efforts of its coaches, swimmers and parents. The team depends on parent volunteers to help fulfill its goal of providing the highest quality swim program. Please consider how you can help the team by filling one of the following open volunteer positions. All positions shown fulfill the minimum 20 volunteer service hours for the year, except where noted. Experienced parents will provide training and guidance.

Awards Manager

Responsible for organizing, coordinating and/or delegating all aspects of AIA-hosted swim meet awards and the annual Awards Banquet presentations. Involves working with vendors to order medals, ribbons, trophies; transport awards and related supplies to/from the meet locations; serve as on-site manager of the awards desk at the meet. At the Islander meets, the awards manager will coordinate inventory and manage the distribution of the awards for each event. Parent helpers staff the awards desk and assist the Awards manager throughout the meet weekend. The team generally hosts 2 weekend meets per year plus the Alameda City meet every other year during which there are special awards presentations. For the Awards banquet, trophies, certificates and medals are organized for presentation

to all the Islander swimmers. This is a fun and rewarding job as the swimmers enjoy receiving awards. Reports to Meet Director.

* If you cannot commit long-term, but you are willing and able to oversee the Awards desk for the March 2010 meet, we would welcome your help!

Secretary

The Secretary prepares the minutes of all Board and General Membership Meetings. Sets the meeting date, time and location. Calls for agenda items from board members and produces an agenda. This is a Board position providing direct involvement in team decision-making, policy setting and financial matters. Reports to President.

Time commitment: Approx 3-4 hours a month.

Snack Bar Planning Manager

Responsible for planning, organizing and/or delegating the pre-meet activities of the snack bar at the next AIA hosted meet at Mills College on March 13-14, 2010. A creative person to lead and manage all aspects of menu planning, organizing items to be purchased, stored, and how items will be prepared, packaged and sold. Several assistants work with the snack bar planning manager (inventory/storage, shoppers, coffee representative and BBQ grill manager). This position

also works closely with Hospitality staff to help share resources. A seasoned parent will assist by providing on-site management of the snack bar during the weekend of the meet. The snack bar provides food for hungry swimmers and is an important source of team fundraising revenue. Reports to Meet Director.

BBQ Grill Manager and BBQ Chefs

(points based on hours)

The BBQ Grill Manager is responsible for overseeing the grilling of hamburgers, chicken and hot dogs to be sold at the Mills College swim meet snack bar. Responsible for BBQ set-up, overseeing crew and clean-up. Parent volunteers who enjoy grilling will be needed to work shifts throughout the meet weekend. Reports to Snack Bar Manager.

**If you have a large gas grill available for use or are able to arrange for the borrowing of a grill, please let us know. If the team is unable to secure a grill(s), the snack bar menu will not include burgers and other grilled foods.

Snack Bar Volunteers

(points based on hours)

The Islanders will be operating the snack bar at the Mills College swim meet in March and there will be a great need for lots of parents to work

shifts preparing and selling food at the snack bar and others to prepare and package food in advance. As always, we will also provide hospitality service to officials and coaches. More emails to follow and please look for the online meet job sign-ups on our website in January 2010.

Publicity Manager – Position filled!

Thank you to Jack Boeger, a talented Group 1 parent who has volunteered for this exciting job.

Colorado Equipment/Trailer Manager

Responsible for reserving, picking up and returning and performing preventative maintenance on the Zone 2 Colorado timing equipment for Islander hosted swim meets. Picking up the equipment requires a reasonable towing vehicle with a 2 inch trailer ball

hitch and knowledge of towing a trailer. System maintenance involves testing and maintenance of the equipment prior to each Islander hosted swim meet, obtaining needed replacement parts and transportation of the equipment/trailer to and from meets. The Zone reimburses for any purchases made with their approval to get the system ready for a meet. The system generally needs minor electrical contact cleaning, replacement of batteries and occasionally repair of some speaker cables. Bringing the equipment to the meet for set up and assisting in set up of the timing system. Inventorying and stowing the equipment properly in the trailer is required after the meet during tear down. We generally host 2-3 meets per year. The person responsible for this important function could recruit one or two other parents to form a team working together to troubleshoot and address any maintenance issues that arise. Reports to Meet Director.

For Colorado, please contact: Randy Sharpe @ [HYPERLINK "mailto:rsharp57@comcast.net"](mailto:rsharp57@comcast.net) rsharp57@comcast.net

For all other positions, please contact: Rhonda Lam @ [HYPERLINK "mailto:rhlam@comcast.net"](mailto:rhlam@comcast.net) rhlam@comcast.net



Islander Calendar

Jan. 30-31	Junior+	Santa Clara
Feb. 20-21	Zone 2 Championships	TBA
March 13-14	BA+	Islanders
March 26-28	JO's	San Ramon
April 8-11	Far Westerns	Morgan Hill